Since the day of our establishment (2009), our members, our volunteers, our employees are contributing their time, skill and energy to our various activities. Our goal is to positive social change with the help of exchange of ideas, knowledge, skill and learning from social development sector.

Apart from funded program our organization are running three “YOJNA” - for Old Age People as “SAHARA”, for food towards medical intervention people as “AAHAR” and medical treatment for Financially Weak people as “VARDHAN” and also awareness campaign for Environment, Yoga, Child Act and Regulation, Child Help Center, Distribution Educational Material and many more....

The year threw up many challenges, prompted us to push ourselves to new limits, become innovative and emerges with new insights. This year we were fortunate enough to see many such moments, and we would like to give you a glimpse of these through this annual report.

**Strength of Our Organisations**


Our team experts are trained by ADB (Asian Development Bank), TISS (TATA Institute of Social Science), NIPCCD (National Institute of Public Cooperation and Child Development, HLFPPT established by HLL Lifecare Limited (A Government of India Enterprise), India CSR, SCERT and many more.
ACRONYMS & ABBREVIATIONS USED

ADB - Asian Development Bank
AIDS - Acquired Immune Deficiency Syndrome
ANM - Auxiliary Nurse Midwifery
CGPWRD - Chhattisgarh Public Works Department
CGWCD - Chhattisgarh Women & Child Development Department
CGWRD - Chhattisgarh Water Resource Department
CPR - Common Property Resources
CSRCP - Chhattisgarh State Road Connectivity Project
DP - Displaced Person
DPR - Detailed Project Report
FGD - Focus Group Discussion
GoCG - Government of Chhattisgarh
GRC - Gravened Redressed Cell
HIV - Human Immunodeficiency Virus
ICPS - Integrated Child Protection Scheme
JJ Act - Juvenile Justice Act
LA - Land Acquisition
MDR - Major District Road
MSME - Micro, Small & Medium Enterprises
NABARD - National Bank for Agriculture & Rural Development
NRDA - Naya Raipur Development Authority
NTH - Non Titled Holder
PD - Project Director
PIU - Project Implementation Unit
PM - Project Manager
PWD - Public Works Department
R&R - Resettlement & Rehabilitation
RFCTLARR - Right to Fair Compensation and Transparency in land Acquisition, Rehabilitation and Resettlement Act
RO - Resettlement Officer
SH - State Highway
SHG - Self Help Group
SIA - Social Impact Assessment
SP - Superintend of Police
STI - Sexually Transmitted Infection
TH - Titled Holder
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A huge thank you, from the bottom of my heart, for all your support towards our entire program all through the year 2017-18.

You stood by us through everything and it is because of you that we have been able to come so far. We will continue our all efforts together in year to come with faith and goodwill....
This has been a fantastic year for us. We look forward to 2018-19 with an aim of Operational growth with more confidence and experience. Thanks to you our donors, advisors, board member, volunteers, well-wisher, our team and our partners by lending us your unwavering support.

We continue to count on you to make greater change possible.

A MESSAGE FROM THE SECRETARY
VISION-  “Every Indian resides contentedly with their all needs with dignity”

MISSION

“In its mission to achieve the Vision, Help & Helps Samiti are focusing to help every Indian for complete their all requirements to keep our nation as developing country.”
Our Children Home (Boy’s) situated at Janjgir, which is also District Headquarters of Janjgir-Champa District of Chhattisgarh State. Our Project area is cover 5 Sub-divisions, 10 Tehsils, 9 Blocks and 915 Villages of the entire district.

**Objective**

Towards improvements in the well being of children in difficult circumstances, as well as to the reduction of vulnerabilities to situations and actions that lead to abuse, neglect, exploitation, abandonment and separation of children from their families. EMERGENCY OUTREACH SERVICE is the most important of all objectives. We serve as a home away from home and provide comprehensive child care facilities to children for ensuring their all-round development. They shall work towards enhancing the Capabilities and skills of children and work with their families with the view of facilitating their reintegration and rehabilitation into mainstream society.
Programs & Activities

We provide permanent residential facilities for children like treatment, education, training, Physical development etc. Every Saturday we organize various activity and rewards for winners. Also we go for outing and physical activity like sports, yoga etc. Every fortnight we conduct Medical Checkup of all children by M.B.B.S Doctor. Overall we do all basic need which can improve their quality of life style.

This year total 68 children appear at our Children Home where 07 Child are from other State and 16 Child are from Other District of Chhattisgarh

Our Home Children are going to School and this year Lakhan and Bholu scored 70% and 78% at class 8th and Deepak & Badal score 80% and 81% at class 7th, remaining Children are passed with good marks.

Regarding best performance in Independence (15th August) and Republic (26th January) day our Child Lakhan, Bhola, Sani and Bhima had receive Certificate by District Collector


Our elder Children have completed their Skill Training Program in Diesel Mechanic cum Driver, Computer Operator, Tally and Electrician
Our Open Shelter Home (Boy’s) is at Korba city. Korba district is Power Capital of Chhattisgarh as well as it is a Land of Black Diamond (Coal), Kosa Silk and Thermal Power. Our Project area is cover 5 Blocks and 726 Villages of the entire district

**Open Shelter Home (Boy’s)**

**Objective**

Any vulnerable child in need of care and protection, particularly beggars, street and working children, rag pickers, small vendors, street performers, orphaned, deserted, trafficked and run-away children in the age group of 6-18 years. Attract above-mentioned target group of children from their present vulnerable life situation to a safe environment.

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**Programs & Activities**

- **We provide residential facilities for children.** We organize competitive activity, outing and physical activity like sports, yoga etc.

- **We conduct medical check-up of all children by M.B.B.S. doctor.**

- **Counseling is the most important part of this project by which we change their sustainable development.**

- **We restore some children back into their families or to the alternative care and community of their corresponding state or district. Provide opportunities to develop their potential & talent.**

- **Enhance life-skills and reduce their vulnerabilities to exploitation. To carry out regular follow up to ensure that children do not return to vulnerable situations.**
This year total 114 children appear at our Open Shelter Home where 05 Child are from other State and 12 Child are from Other District of Chhattisgarh

Oriental College of Nursing provide First-Aid training to our Children

Fluorosis Camp was organized at our Open Shelter Home

Our Children with Players of All Department Inter State Cricket Competition

Tour at Jhora Ghat

Tour at Fun Fair
The Asian Development Bank (ADB) funded CGPWD towards the cost of Chhattisgarh State Road Sector Project for improvement of the existing 15 roads of Chhattisgarh out of these we assign 4 subprojects of Group-C (Total Length is 191.92 Km) i.e.-

- Package-16 (Sheorinarayan-Birra-Champa Road),
- Package-17 (Ratanpur-Kota-Lormi Road),
- Package-18 (Lormi-Pandariya, Lormi-Mungeli Bypass Road) &
- Package-19 (Jairamnagar-Jondhara-Masturi Road).

Our Packages cover 5 Districts of Chhattisgarh namely-, Bilaspur, Mungeli, Janjgir-Champa Kabinham & Baloda Bazar. Since September 2014 we were engage with this project.

Program & Activities

- Census and Socio Economic Survey of road.
- Identify Displaced Persons & Common Property Resources
- Preparing Micro plan for each Displaced Person & Common Property Resources as per Entitlement Matrix
- Open bank account for DP.
- Support Displaced Persons for assistance from Government.
- Assist the DPs in relocation and rehabilitation
- Distribute Disclosure
- Bridge Between Government & Affected Persons.
- Contact Sarpanch, Panch, Kotwar, Janpad Panchayat Members and others to understand about the project and prepare village level committee.
- Forward complain to GRC.
- Public Consultation.
- Counseling the Entitled Persons
- Income restoration for Entitled Persons
- Road safety campaigns, HIV awareness, enforcing labour standards for construction work.
- Follow the instruction of Supervision Consultant.
- Prepare Monthly & Quarterly Progress report to PIU (Project Implementation Unit).

Objective

The main objective of this project is to improve the existing road to two lane standard and provide all weather connectivity to major towns and facilities. Resettlement Implementation is to mitigate all such unavoidable negative impacts, displacement due to resettle the displaced persons.
Achievements

1. We identified & verified a sum of 1225 Structure within Right of Way (ROW).
2. Where 852 structures are of DPs and 135 structures are CPR.
3. We did 88 Public Consultation formally with documentation and informally did more than 3000.
4. We did 16 Focus Group Discussion (FGD) with affected families.
5. As per ADB entitlement matrix (income generation) we trained 15 DP’s due to their business loss.
6. We had distributed 1878 numbers disclosure with the details of ADB Entitlement Matrix, GRC information and contact details.
7. We survey more than 100 villages which are within 10 Block jurisdiction and did public consultation throughout our project area.

8. We aware a large number of rural population including Contractor Labour Camp regarding HIV/AIDS/STI. Total we organized 12 Campaign along with documentation.

9. We aware a large number of rural population including schools regarding Road Safety and Pr. cautions. Total we organized 21 Campaign along with documentation.

10. We aware a large number of rural population regarding Human Trafficking. Total we organized 19 Campaign along with documentation.
Vulnerable Senior citizens need some assistance for their daily activities and health care, so our Program “Sahara” continuing from 2013

Objective

People live in Old Age Home, old age sick people, aged people separated from family, aged people on road side and unprivileged are contingent and not able to do work and they also have no supportive partner for sharing and caring. The main objective of this project is -

➢ To provide general foods.
➢ To provide medicine
➢ To provide time and share memories with smile.
➢ To provide clothes, blankets and extra thing as per their needs and
➢ Any kind of Assistance.

Programs & Activities

❖ We visit some old age home and get the database from them.
❖ We prepare a list as per the requirement and what other support or service can be given.
❖ We purchase and supply general goods as poha, chana, rajma, dal, besan, clothes, bed sheet, blankets etc…
❖ We provide medicine as per doctor’s prescription, and provide general medicine as dettol, pain relief cream, acidity Eno, Cottons etc…
❖ We take them to doctor for health issues and provide Help as well as supports.
❖ Also we spend time with them.

Achievements

From 1st April 2017 to 31st March 2018 we spent Rs.45,542/- for this project and help out 39 Beneficiaries throughout the year.
We had started this program since 2013 after observe critical situation of poor people visited at Dr. B. R. Ambedkar Hospital is one of the Largest Government Hospital and College of Chhattisgarh State, where all type of treatment is happen. So people (Tribal and Poor) are from Bastar Region mostly visited this hospital for treatment. Due to their financial problem, they bring food stuff and prepare food outside of the campus including rainy session. We observe many of them either not have their meal or not able to concentrate their treatment procedure. So we started this program.

**OBJECTIVE**

➢ To Help and provide foods for Poor and needy patient and attendant at Dr. B. R. Ambedkar Govt. Hospital.
➢ To make them tension free from hospital treatment as well as treatment pressurized anxiety.
➢ To make them relax for the food and advice to go through their treatment.

**PROGRAMS & ACTIVITIES**

We provide free food “Coupons” for lunch & dinner to those Poor and needy patient & attainer who came for treatment at Dr. B. R. Ambedkar Govt. Hospital, Raipur. After produce the “Coupons” at Dal-Bhat Kendra they easily get food without pay Money. We also provide time and share their problems and try to short out as we can.

**ACHIEVEMENTS**

➢ From 1\textsuperscript{st} April 2017 to 31\textsuperscript{st} March 2018 we distributed 2592 coupons.
➢ We feed 2356 persons as lunch & dinner.

“First we EAT then we do everything else”
From last year we had started “Road Safety Awareness Program” in villages and Government Schools of Chhattisgarh State, after training and encouragement by Mr. Stein Lundebye, Road Safety Consultant, USA - IRF India chapter. At present many existing and new Road are going to construct in Chhattisgarh State and ratio of vehicles is also increased. Due to the reason Chhattisgarh recorded rise in deaths by accidents, 5 people were killed at different roads of the State including national as well as state highways every hour that means one person dead in 12 minutes across State. So we started this project to aware people about the problem and solution of this incident.

**PROGRAMS & ACTIVITIES**
- We aware people about “What to DO or What to DON’T” during travel on road at Day or Night.
- We publish symbolic chart that consist of basic road signs (Do’s/Don’t).
- We with our volunteers explain the meaning of each sign to our participants orally and practically.
- At the end of the session we ask oral questions to our participants to check their attention.

**ACHIEVEMENTS**
This year we instruct more than 900 participants including villagers & students.
Every year we conduct Environment awareness program on 5th June and carry on throughout the year at Raipur, Janjgir and Korba because this cities is surrounding by many Heavy Industries as steel rolling mills, Sponge iron plants, steel plants, plywood factories, Ferro-alloy plants. Cement Plants, Thermal Power Plant, Coal Fields and many small scale industries to aware people about environment by organizing seminar, rally, plant distribution and plantation etc.

**Programs & Activities**

- We visit different villages, towns, cities, schools, colleges, Housing societies and other public places and aware people about Environment.
- We visit different schools and colleges and warn our youngster about Global Warming, Ozone Layer Depletion, High temperature, Green House Effect, Soil, water and air pollutions, etc. and aware them to protect the earth and make it green by plantation.
- We also conduct seminar on topic Environment Awareness Program and conduct different curriculum activities for students like Assay writing, Poster making, painting etc., related to Environment and pollution.
- Along with our volunteers, distribute plants and also do plantation and
- Care continuously of that plant until it should be a big and self sustainable tree.

**Achievements**

- This year we plant more than 250 and distribute more than 600.
- We conduct the rally on “World Environment Day” on 5th June at Janjgir.
- We caring and able to survive more than 50 plants.
- Daily News Paper have Publish our activity.
**Pulse Polio** is an immunisation campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus. The Pulse Polio dates in 2018 are 28 January and 11 March on Sundays. Our organizations are voluntary support Government for this program.

**OBJECTIVE**

The main objective of this project is to vaccinate child beggars, street and working children, rag pickers, small vendors, street performers, orphaned, deserted, trafficked and run-away children, children of migrant population and any other vulnerable group of children (Age Group 0-5 years). Parents, who missed to vaccinate their child due to travel.

**Programs & Activities**

- Our employee and volunteer help and support the ANMs at Polio Booth
- Camp at Railway Station for missing Polio Vaccination due to travel.
- Announced by Riksha about Pulse Polio Campaign. Enquire family & parents for Pulse Polio Vaccination.
Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with you, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well being. So we adopt to celebrate International Yoga Day and aware people about this program since

**OBJECTIVE**

- To promote good mental and physical health of people through **yoga**
- To make people aware of physical and mental diseases and its solutions through practicing **yoga**.
- To reduce the rate of health challenging diseases all over the **world**.
- To link between protection of health and sustainable health development.
- To strengthen the global coordination among people through yoga.

We hearty thanks to all participant and specially our volunteers – Dr. B.P.Sinha, Mrs. Manisha Gopal, Mrs. Rekha Pandey, Mrs. Savita Rathore
Commencing from last year we come up with our new initiative program called “VARDAN YOJNA- is a Blessing and Boon for live again”. We collect data of critical patients from Hospital or Nursing Home, who are not able to continue their treatment. After analysis their requirement and consult with Doctor, we do what we can do.

**Programs & Activities**

- Our volunteer visit the Hospitals and Nursing Homes to identify such poor and needy people.
- As per their information and analysis, we meet consulting Doctor regarding their further treatment.
- We then financially and physically support.
- We also donate blood as per requirement.

**Achievements**

- This year we help to continue treatment of a child at Chhattisgarh State Mental Health Hospital, Bilaspur.
- Our members, volunteers and employees have donated blood for many patients.
- We financially help many people for purchase prescribed medicines for continue their treatment.
- We help people for CT scan, MRI and laboratory analysis.
- Some Doctors are joined with us for this program.
Government of Chhattisgarh, PWD is engaged in rehabilitation and upgrading of State Highways and MDRs across the state under CSRCP. The department is negotiating a loan from ADB for development of 1468.70 Km of SH & MDR network. To facilitate this process, GoCG, PWD intends to engage the services of technically expert consultancy firms to prepare DPR for Rehabilitation & Upgrading of SH & MDRs including Survey, detailed engineering for the project, project design, Feasibility Study, Resettlement and Rehabilitation Plan, Utility Shifting Plan, Land Acquisition Plans, cost estimates, etc. So we did Resettlement Impact Survey and Assessment for DPR Consultant Fortress Infrastructure Advisory Service for the 5 roads as 1. Nipania to Balodabazar Road of district Baloda Bazar, 2. Pali to Silli Road of District Korba, 3. Lormi to Jharhagaon Road of District Mungeli, 4. Sakti to Tundri Road and 5. Jaijepur-Malkharoda-Belhabhata Road of District Janjgir-Champa

Achievement & Activity

❖ Total we identified 1495 DP’s of five roads.
❖ Total we identified 158 CPR of five roads.
❖ Total we survey 133 Km.
❖ We conduct 8 FGD of all five roads.
❖ We conduct Public Consultation at 14 Villages of Five roads.
❖ Total we survey 69 villages of all five roads.
❖ We did social economy survey of all DP’s.
❖ We prepare Resettlement and Rehabilitation Plan for all five roads.
❖ We prepare Resettlement and Rehabilitation budget for NTH as per ADB entitlement.
Jeevnadhar “Jeevan (Life) ka Adhar (Basis)” is the program of women courage, empowerment, self motivation, self independent, self reliant and sustainable. We had started this program in different shape and module since because Chhattisgarh State is primarily a rural state with only 20% of its population residing in urban areas.

Women are the root of family so it needs to be strong, aware and alert for every moment. The main objective of this Project is to influence women in all aspects from mind, health, thoughts, decisions etc.

**Programs & Activities**

- We Survey different rural and semi urban areas of Chhattisgarh State and select beneficiaries.
- We target mainly house wives, women /girl, of age group 14 to 45 years and arrange training session as per subject selected by the beneficiaries and resources availability of the organization.
- We trained our beneficiaries theoretically and practically as well as provide platform for them.
- We awake them about Self Help Group (SHG), NABARD, MSME, Micro-Finance etc., so that they find out a better opperubity.
- Also we convey all State and Central Government Schemes related to them.

**Achievements**

- We trained total 78 benificries to make Agarbatti for Mosquito.
- We reach morethan 600 Women by this program and convey all State and Central Government Schemes related to them.
The Right to Fair Compensation and Transparency in land Acquisition, Rehabilitation and Resettlement act, 2013 and Chhattisgarh State RFCTLARR 2016 whenever the appropriate Government intends to acquire land for a public purpose, it shall prepare Social Impact Assessment study and appraisal by an Expert Group.

The Expert Group constituted under sub-section (l) shall include the following, namely :-(a) two non-official social scientists; (b) two representatives of Local Government Administrative and Elected Member, (c) two experts on rehabilitation: and (d) a technical expert in the subject relating to the project.

Whereas our President Mr. Sumeet Rathore & Secretary Mr. Shib Sankar Saha were member of SIA Expert Group for District Raipur and Durg. They completed many Land Acquisition case for public Development Project of various department as Chhattisgarh Water Resource Department (CGWRD), Public Works Department (PWD), ADB Project, Naya Raipur Development Authority (NRDA) and Airport Authority of India (AAI). Some of the Projects they completed during April 2016 to March 2018 as follows-

- Road Widening Project by ADB at Village Parskol & Dhamdha Block Dhamdha, District Durg.
- Anicut Construction by CGWRD at Village Lamkeni, Block Abhanpur, District Raipur.
- Road Widening Project Chhataina-Darbha- Narra- lakholi Road by PWD at Village Darbha, Block Arang, District Raipur.
- Road Widening Project (Arang to Akolikala Road) at Village Akolikala, Block Arang, District Raipur.
- Railway Station and Railway Line Construction Project at Village Jhanki Block Abhanpur, District Raipur under NRDA.
- Road Construction Project at Village Palauda Block Arang, District Raipur.
- Road Construction Project at Village Nardaha Block Arang, District Raipur Chhattisgarh.
- Airport DVOR and Flight Parking Construction Project at Village Baroda under NRDA.
Every year we do “Blanket Distribution” during winter season. We observe people distribute Blanket either at day time or evening, but we have decided to reach needy people at midnight as well as our team always carry Blanket with them to provide beneficiaries anywhere in India. This year we had distributed 368 Blankets.

We arrange shelter for lost and sick Children at any kind of fair (Mela) or events, where lots of people are assemble. We provide temporary shelter for Child and Aged People along with water and breakfast. We convey message of ICPS, Women & Child Rights and various Rights, Indian Government Schemes, Projects. Our main objective is to aware people that no children will stay behind the street, no children will stay beyond education and many more and also aware villagers, illiterate people about ICPS scheme & ICE stuff.

We facilitated Cold and Fresh Drinking Water on summer season for traveler and living being like animals, birds etc. We distributed study materials to financially weak children. This year we serve 22 direct beneficiaries and reach more than five thousand people.

This year with the help of Chhattisgarh Fire Brigade we aware people to rescue from Natural Disaster, Fire and other emergency. Officers from Fire Brigade demonstrate with all equipment and also teach the way you can go to safe zone, some basic safety tips and way you can help others. They distribute booklet about safety and precaution. Our volunteers are participated this training session and self motivated to convey this message to the society. This training is one of the great achievements of us and thanks to Chhattisgarh Fire Brigade.
बच्चों को दी गई अच्छा व बुरा स्वास्थ्य की जानकारी

मिलेगा लाभ...
बच्चों की देखभाल के लिए शिशु स्वास्थ्य पालन केंद्र का शुभारंभ

साहसिक मिलाल स्कूल ने बांटा...
स्कूली बच्चों को दी गई योग की जानकारी, बताया महत्व
This year our Children Home & Open Shelter Home Child prepared Rakhi for Raksha Bandhan festival and presented to S.P of Korba & Janjgir-Champa District.
Media Exposure & Achievement

-26-

November 2016 को तत्काल बने में... नागर ने पुरस्कार को प्राप्त किया था।

एसडीईएम ने किया हेल्प एंड हेल्प समिति का निरीक्षण
# Audit Report

**HELP & HELPS SAMITI**  
**INCOME & EXPENDITURE ACCOUNT**  
**FOR THE PERIOD 01/04/2017 TO 31/03/2018**

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<th>INCOME</th>
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<td>Depreciations</td>
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<td>Excesses of Income over Exp.</td>
<td>30308.00</td>
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<td><strong>Total</strong></td>
<td>6911572.00</td>
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For, HELP & HELPS SAMITI  
**President/Secretary**    **Treasurers**

Place: Raipur  
Date: 01/07/2018  

For, AGRAWAL & DORA  
Chartered Accountants  
Manish Kumar Agrawal  
(Partner)  
M.No. 406872