ANNUAL REPORT

2018 - 19

HELP & HELPS SAMITI

HEALTH

EDUCATION

LIVELIHOOD

PLUCK

SAFETY

H.No.- 42/1293, Gowardhan Chowk, Dr. Rajendra Nagar, Civil Lines Ward, Raipur - 492001, Chhattisgarh
helpandhelpssamiti@gmail.com, 0771-4028122
www.helpandhelps.org
We are pleasure this opportunity to introduce Help & Helps Samiti. Our Samiti has been established and registered under the societies registration act 1973 (No. 44) with registration No. C.G.State-2680 dated 27th November 2009; aim to do social welfare activities to improve our society by contribution to the Nation.

We are proficient and very much experienced for Social Impact Assessment (SIA), Resettlement Implementation, Land Acquisition Plan Socio Economic Survey (SES), Public Consultation, Focus Group Discussion (FGD), Corporate Social Responsibility Plan (CSR), various Government Projects and Awareness Campaign.

Since the day of our establishment, our members, our volunteers, our employee are contributing their time, skill and energy through out of Chhattisgarh by various activities. Our mission is to positive social change with the help of exchange of ideas, knowledge, skill and learning from social development sector. Some of our associates are Women & Child Development Department, Chhattisgarh Government, Asian Development Bank, Public Works Department, Childline India Foundation, FORTRESS Infrastructure Advisory Services, Pashupati Chemical& Pharmaceutical Ltd., IIM Raipur, NACO, Municipal Corporation of Bhilai & Bilaspur.

This year along our Old Activities we have started Collaborative Center at Janjgir-Champa District for Childline 1098 and Resettlement Implementation for Chhattisgarh State Road Development Sctor with CGPWD under
Index

- Message from Board Member
- Our Volunteers & Donors
- CSR Activity
- Children Home (Boy’s)
- Open Shelter Home (Boy’s)
- ADB Funded Implementing Resettlement Plan of CSRSP - III
- Truly Sahara Yojna
- Critical Aahar Yojna
- Road Safety Program
- Environment Day Program
- International Yoga Day
- Child-Line 1098
- Vardan Yojna
- Social Activities
- Media Exposure &
2018-19 has been a fantastic year for Help & Helps Samiti, without your support it could not be achieve. A huge thanks all of our stakeholders, Government & Private Organizations, various Institutions, Our Donors, Volunteers and supporters from the bottom of heart.

You stood by us through everything and it is because of you that we have been able to come so far. We will continue our all efforts together in year to come with faith and goodwill….

-By
President / Secretary
Our Volunteers are always eager to do social work and they connect with us in various social activities. Our Donors contribute for different program & Activities and apart from the individual we would like to thanks again our all Volunteers and Donors... be with us.

Donate

Kindly go through our website www.helpandhelps.org click on the donate button to donate directly through Gateway and also donate to the mention Account Details also send your details and purpose after donation.

Account Name- Help & Helps Samiti
A/C No. 3099695473, CENTRAL BANK OF INDIA Civil Lines, Raipur(C.G.)-492001
BRANCH CODE 02321
IFSC CODE: CBIN0282321
CSR Activity

CSR Activity under CSR Fund released by Railtech (Harshad Thermic Industries) Welding & Equipment India Private Limited, Raipur.

Objective & Activities

◆ Construction of Bathroom / Change Room near Village Pond / Tube well for Women & Girls during Bath.
◆ Construction of Cow Dung Pit for prepare Organic Fertilizer and also maintain Soil Quality.
◆ Distribution of Books & Bi-cycles for Children Home Juveniles.

ACHIEVEMENTS:

◆ Distributed Books & Bi-Cycles to more than 20 Children.
◆ Construction of more than 10 Bathrooms/Change Rooms.
◆ Construction of more than 40 Cow Dung Pit.
Objective
Towards improvements in the well being of children in difficult circumstances, as well as to the reduction of vulnerabilities to situations and actions that lead to abuse, neglect, exploitation, abandonment and separation of children from their families. EMERGENCY OUTREACH SERVICE is the most important of all objectives.

Programs & Activities
We provide permanent residential facilities for children like treatment, education, training, Physical development etc. Every Saturday we organize various activity and rewards for winners. Also we go for outing and physical activity like sports, yoga etc. Every fortnight we conduct Medical Checkup of all children by M.B.B.S Doctor. Overall we do all basic need which can improve their quality of life style.
Our Children Home Juveniles participated in many events like 100mt. Running, High Jump, Long Jump, Essay Writing, Solo Dance, Solo Song, etc., and we are proud to all the juveniles (Lakhan, Laakhan, Badal, Makhan, Deepak) of our Children Home for their beautiful performance in each events and congratulations to all for their achievements.

Achievements

✧ This year total 46 children appear at our Children Home where 01 Child is from other State and 09 Child are from Other District of Chhattisgarh.

✧ We Restore 22 Children of Janjgir-Champa District

✧ Our Children Performed in District Level Republic Day Program 2019 at Janjgir and won the Trophy for the best Performance
Open Shelter Home (Boy’s)

**Objective**
Any vulnerable child in need of care and protection, particularly beggars, street and working children, rag pickers, small vendors, street performers, orphaned, deserted, trafficked and run-away children in the age group of 6-18 years. Attract above-mentioned target group of children from their present vulnerable life situation to a safe environment.

**Programs & Activities**
We provide residential facilities for children. We organize competitive activity, outing and physical activity like sports, yoga etc.
We conduct Medical Checkup of all children by M.B.B.S Doctor.
Counseling is the most important part of this project, by which we change their sustainable development.
We restore some children back into their families or to the alternative care and community of their corresponding state or district. Provide opportunities
To develop their potential & talent. Enhance life - skills and reduce their vulnerabilities to exploitation. To carry out regular follow up to ensure that children do not return to vulnerable situations.
We celebrate every festival of India like Independence Day, Diwali, Holi, Eid, Christmas, Republic Day etc... and Special Occasions at our Shelter Home.

Our Open Shelter Home Juvenile Vijendra Markam played drama on Swachh Bharat Mission Program along with other children at Open Theater Clock House, Korba.

Our Children perform various curriculum activities at Home. They learnt practically and make incredible things such as Pots of Plastic Cane, Concrete Water Fall, 3-D structures by using card boards etc.

Achievements

♦ This year total 107 children appear at our Open Shelter Home where 12 Child is from other State and 09 Child are from Other District of Chhattisgarh.
♦ We Restore 105 Children back to their corresponding states / districts.
ADB Funded Implementing
Resettlement Plan of
CSRSP - III

OBJECTIVE

The main objective of this project is to improve the existing road to two lane standard and provide all weather connectivity to major towns and facilities. Resettlement Implementation is to mitigate all such unavoidable negative impacts, displacement due to resettle the displaced persons.

Program

- Census and Socio Economic Survey of road.
- Identify Displaced Persons & Common Property Resources
- Distribute Disclosure
- Bridge between Government & Affected Persons.
- Contact Sarpanch, Panch, Kotwar, Janpad Panchayat Members and others to understand about the project and prepare village level committee.
- Public Consultation.
- Road safety campaigns, HIV awareness, enforcing labour standards for construction work.

ACTIVITY

- Within Group C we have to Implement Resettlement Plan for 8 Packages but initially we are going to identify and survey APs/DPs for 4 Packages {Package - 18 (Mangala-Bhaisajhar Road), 19 (Kurrubhata-Supa Road), 21 (Lormi-Jarhagaon Road) and 22 (Sakti-Tundri Road)}
Objective
People live in Old Age Home, old age sick people, aged people separated from family, aged people on road side and unprivileged are contingent and not able to do work and they also have no supportive partner for sharing and caring. The main objective of this project is -

- To provide general foods.
- To provide medicine
- To provide time and share memories with smile.
- To provide clothes, blankets and extra things as per their needs and
- Any kind of Assistance.

Vulnerable Senior citizens need some assistance for their daily activities and health care, so our Program “Sahara” continuing from 2013.

This Financial Year we helped 41 Beneficiaries and spend Rs. 37,260/- towards this Project.

Programs & Activities
- We visit some old age home and get the database from them.
- We prepare a list as per the requirement and what other support or service can be given.
- We purchase and supply general goods as poha, chana, rajma, dal, besan, clothes, bed sheet, blankets etc…
- We provide medicine as per doctor’s prescription, and provide general medicine as dettol, pain relief cream, acidity Eno, Cottons etc…
- We take them to doctor for health issues and provide Help as well as supports.
Critical Aahar Yojna

OBJECTIVE

- To Help and provide foods for Poor and needy patient and attendant at Dr. B. R. Ambedkar Govt. Hospital.
- To make them tension free from hospital treatment as well as treatment pressurized anxiety.
- To make them relax for the food and advice to go through their treatment.

PROGRAMS & ACTIVITIES

We provide free food “Coupons” for lunch & dinner to those Poor and needy patient & attendant who came for treatment at Dr. B. R. Ambedkar Govt. Hospital, Raipur. After produce the “Coupons” at Dal-Bhat Kendra they easily get food without pay Money.

Achievement

We distributed more than 200 Coupons for food at Dr BR Ambedkar Hospital, Raipur and near Bus Stand Pandri to poor and needy people.
OBJECTIVE

The main objective of this program is to increase awareness about road rules, regulations and road user behavior among villagers and students & caution them against underage driving. These sessions cover an array of subjects ranging from basic road signs to helping villagers & students understand necessary precautions around walking, riding & commuting by bus, taxi or Auto.

PROGRAMS & ACTIVITIES

- We aware people about “What to DO or What to DON’T” during travel on road at Day or Night.
- We publish symbolic chart that consist of basic road signs (Do’s/Don’t).
- We with our volunteers explain the meaning of each sign to our participants orally and practically.
- At the end of the session we ask oral questions to our participants to check their attention.
- We aware above 500 Villagers
ACHIEVEMENTS

- This year we planted more than 47 Saplings and distribute also.
- We conduct the rally on “World Environment Day” on 5th June.
- We caring and able to survive more than 18 plants.
- Daily News Paper have Publish our activity.

PROGRAMS & ACTIVITIES

- We visit different villages, towns, cities, schools, colleges, Housing societies and other public places and aware people about Environment.
- We visit different schools and colleges and warn our youngster about Global Warming, Ozone Layer Depletion, Green House Effect, pollution etc. and aware them to protect the earth and make it green by plantation.
- We also conduct seminar on topic Environment Awareness Program and conduct different curriculum activities for students like Assay writing, Poster making, painting etc., related to Environment and pollution.
- Along with our volunteers, distribute plants and also do plantation and
- Care continuously of that plant until it should be a big and self sustainable tree.
OBJECTIVE

- To promote good mental and physical health of people through yoga.
- To make people aware of physical and mental diseases and its solutions through practicing yoga.
- To reduce the rate of health challenging diseases all over the world.
- To link between protection of health and sustainable health development.

We heartily thank to all participants & specially our volunteer – Dr. B.P. Sinha, Mrs. Manisha Gopal, Mrs. Savita Rathore and team ICPS, Janjgir.
OBJECTION

The protection of the rights of all children & special focus on all children in need of care and protection, especially the more vulnerable sections, which include: Street children and youth living alone on the streets, Child laborers, Domestic helper, Children affected by physical / sexual / emotional abuse in family, schools or institutions, Children who need emotional support and guidance, Missing children, Run away children, Children who are victims of substance abuse, Differently-abled children, Mentally challenged children, Children affected by conflict and disaster, Children whose families are in crises, etc…. 

Achievement

• This year we serve more than 14 Children.
• Organized Open House and Out Reach Program in more than 20 Public Places under Janjgir-Champa District.
• Intervened 2 Child Labor, 1 Child Beggary, 1 Missing Child and 1 Child Abuse Case.

This year we initiated Child-line 1098 - Collab. at Janjgir-Champa District from 18th February 2019. The project is Supported by Child-line India Foundation (CIF), and run by Ministry of Women & Child Development (MWCD).
Objective

The Main Objective of “Vardan Yojna” Project is to provide Assistance to a needy Person who is not able to battle with his physical or psychological ailment alone.

Program & Activity

♦ Our volunteer visit the Hospitals and Nursing Homes to identify such poor and needy people.
♦ As per their information and analysis, we meet consulting Doctor regarding their further treatment.
♦ We then financially and physically support.
♦ We also donate blood as per requirement

Achievement

♦ This year we restore mentally challenged person to special care Institute at Raipur.
♦ We had provide medical help for a Neurosurgery Patient at Rama-Krishna Care Hospital, Raipur.
♦ We with our Volunteers donated Blood for many Patients throughout Chhattisgarh.
♦ We also facilitated medicines for some needy patients.
The Right to Fair Compensation and Transparency in land Acquisition, Rehabilitation and Resettlement act, 2013 and Chhattisgarh State RFCTLARR 2016 whenever the appropriate Government intends to acquire land for a public purpose, it shall prepare Social Impact Assessment study and appraisal by an Expert Group

Whereas our President Mr. Sumeet Rathore & Secretary Mr. Shib Sankar Saha were member of SIA Expert Group for District Raipur and Durg. They completed many Land Acquisition case for public Development Project of various department as Chhattisgarh Water Resource Department (CGWRD), Public Works Department (PWD), ADB Project, Naya Raipur Development Authority (NRDA) and Airport Authority of India (AAI). Some of the Projects they completed during April 2016 to March 2018 as Road Widening Project by ADB at Village Paraskol & Dhamda Block Dhamda, District Durg, Project Chhatauna-Darbha- Narra-lakholi Road by PWD at Village Darbha, Block Arang, District Raipur, Project (Arang to Akolikala Road) at Village Akolikala, Block Arang, Project at Village Palaud Block Arang, District Raipur and Construction Project at Village Nardaha Block Arang, District Raipur Chhattisgarh. Anicut Construction by CGWRD at Village Lamkeni, Block Abhanpur, District Raipur, Railway Station and Railway Line Construction Project at Village Jhanki Block Abhanpur, District Raipur under NRDA and Airport DVOR and Flight Parking Construction Project at Village Baroda under NRDA.

This Financial Year they completed One Project for Construct Laxman Jhula and develop Park near Mahadev Ghat Anicut under Water Resource Department, Durg.
Social Activities

Blanket Distribution Program
This year we expanded this program and we distributed blankets to roadside people, the Balloon sellers, Rikshaw Drivers and all other old and needy people, as well as warm clothes to blind children of Orphan Home, korba, along with our staff, Members & volunteers at Raipur, Bhilai, Durg, Bilaspur, Korba, Janjgir-Champa and..............

To identify C.N.C.P. Children and to provide them protection, our ORWs and Volunteers visited many villages throughout Chhattisgarh and aware them about ICPS Program.

Pulse Polio Program
Our organization voluntarily supports Government for this Program. This year we conduct Pulse Polio Program on 10.03.2019 and vaccinated 82 Children.
हेल्प एण्ड हेल्पस के बच्चों ने किया योग
हेल्प एण्ड हेल्पस बच्चों द्वारा तैयारित खुले आश्रय गुहा जिसमें बच्चों के लिए हेल्प एण्ड हेल्पस के प्रशिक्षण के अंतर्गत बच्चों को योग की शुरुआत की गई। इस अवसर पर बच्चों को योग के माध्यम से उन्हें शारीरिक और मानसिक उत्साह मिला। इस अवसर पर बच्चों को योग की शुरुआत के बारे में सूचना दी गई।
This year Tata Institute of Social Science (TISS), Mumbai organize Western Conclave for building CSR Partnership from 21.05.2018 to 23.05.2018 Collaboratively Vidyasaarathi (A Technology-enabled initiative by NSDL e-Governance Infrastructure Ltd.), where behalf of the Organization Sumeet Rathore (President) and Shib Sankar Saha (Secretary) attained the Program. The main objective of this Program was Companies Act, 2013 has formulated Section 135, Companies (Corporate Social Responsibility) Rules, 2014 and Schedule VII which prescribes mandatory provisions for Companies to fulfill their CSR and also CSR is to increase
# Audit Report

## HELP & HELPS SAMITI
### INCOME & EXPENDITURE ACCOUNT
**FOR THE PERIOD 01/04/2018 TO 31/03/2019**

<table>
<thead>
<tr>
<th>EXPENDITURE</th>
<th>AMOUNT</th>
<th>INCOME</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PROGRAME EXP.</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ADB Loan 3</td>
<td>476110.00</td>
<td>Donations</td>
<td>825123.00</td>
</tr>
<tr>
<td>Truly Aahar Yojna</td>
<td>26450.00</td>
<td>Children Home, Janjir</td>
<td>2819147.00</td>
</tr>
<tr>
<td>Open Shelter Homes Exp.</td>
<td>1832108.00</td>
<td>Open Shelter Home</td>
<td>1646136.00</td>
</tr>
<tr>
<td>CRS Expenses</td>
<td>767000.00</td>
<td>Fortress Income</td>
<td>1003076.00</td>
</tr>
<tr>
<td>Children Home Expenses Janjir</td>
<td>3123660.00</td>
<td>Interest on IT Refund</td>
<td>16283.00</td>
</tr>
<tr>
<td>Childline Expenses</td>
<td>172566.18</td>
<td>Bank interest</td>
<td>15872.96</td>
</tr>
<tr>
<td>Truly Sahara Yojna</td>
<td>37260.00</td>
<td>Childline</td>
<td>166679.00</td>
</tr>
<tr>
<td>Fortress Expenses</td>
<td>664761.84</td>
<td>CSR</td>
<td>800029.5</td>
</tr>
<tr>
<td>Environment Day</td>
<td>3400.00</td>
<td>ADB Loan 3</td>
<td>595142.00</td>
</tr>
<tr>
<td>Vardan Yojna</td>
<td>62350.00</td>
<td>FDR Interest</td>
<td>32667.00</td>
</tr>
<tr>
<td>Road Safety</td>
<td>10600.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yoga Diwas</td>
<td>13210.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pulse Polio</td>
<td>9820.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ADMINISTRATIVE EXP.</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bank Charges</td>
<td>2880.90</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Audit Fees</td>
<td>12500.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Office Expenses</td>
<td>69931.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Office Rent Exp.</td>
<td>72000.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staff Salary Expenses</td>
<td>311458.10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Office Electricity Expenses</td>
<td>22840.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Legal Expenses</td>
<td>22660.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Office Computer Exp.</td>
<td>12300.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transportation Exp.</td>
<td>17025.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mobile &amp; Telephone Exp.</td>
<td>53213.08</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Depreciations</td>
<td>119355.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Excesses of Income over Exp.</td>
<td>4696.36</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| **Total**                            | **7920155.46**|                                      | **7920155.46**|

For, HELP & HELPS SAMITI

President/Secretary Treasurers

Place: Raipur

Date: 17/09/2019

For, AGRAWAL & DORA
Chartered Accountants

Shuchi Agrawal (Partner)
M. No. 401856
Our Reach

H.No.- 42/1293, Gowardhan Chowk, Dr. Rajendra Nagar, Civil Lines Ward, Raipur - 492001, Chhattisgarh
helpandhelpssamiti@gmail.com, 0771-4028122
www.helpandhelps.org