HELP & HELPS SAMITI
ANNUAL REPORT 2015-16
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Cheerful for establish Children Home & sustaining lots of Livelihoods in this year, we have started our 2nd Home for Children at Janjigir Champa, Chhattisgarh.

Rehabilitation and Resettlement for ADB & PWD Road sector project. We learn social impact for development project and how to execute in proper manner without harm socialism.

2015 we had suffer by natural disaster like earthquake, drought etc but we move forward, reach people, and never stop, never slow.

We paddle and put extra endeavor to our challenging program of Critical Aahar Yojna & Truly Sahara Yojna.

Jeevandhar is following the hindi word “Jeevan ka Adhar” are our new program for women empowerment.

We are happy to be part of Swachh Bharat Abhiyan for ODF of our Nation by construct individual toilet at Bilaspur Municipal Jurisdiction.

Lots of Training, Workshop and Seminar help our team to motivate, encourage, focused for execute our objective in a excel mode.

This year is an excellent period for us to reach people by conducting campaign for Pulse Polio, Child Protection awareness, Road Safety, HIV/AIDS, Child Help Line at funfair and International Yoga Day celebration.
We are Help and Helps Samiti, Working on Chhattisgarh State and it is a non-governmental organization working to provide quality for Health, Education, Livelihood, Pluck and Safety to the poor and underprivileged people as well as children in Chhattisgarh.

**Our Vision**

“Every Indian resides contentedly with their all needs with dignity”

**Mission**

“In its mission to achieve the Vision, Help & Helps Samiti focusing to help every Indian, completes their all requirements to keep nation as development country.”

Every year, we reach millions of people for both rural and urban areas through interventions. Our programs include Awareness campaign, Blanket Distribution, Environment seminars etc...

Over the years, Help and Helps Samiti have moved from being a service delivery organization to one which successfully impacts policy and practice. Senior team members are a part of several policy making bodies both at the Central and State levels.
A large number of children in need of care and protection are in need of residential care and protection during the pendency of any inquiry and subsequently for their long-term care, treatment, education, training, development and rehabilitation. We reception and residential care of such children, we shall serve as a home away from home and provide comprehensive child care facilities to children for ensuring their all round development. We work towards enhancing the capabilities and skills of children and work with their families with the view of facilitating their reintegration and rehabilitation into mainstream society.

Objectives

We provide permanent residential facilities for children but will complement the existing institutional care facilities. The objectives of these Children Home include:

1. To attract above-mentioned target group of children from their present vulnerable life situation to a safe environment.
2. To wean these children away from the vulnerable situations by sustained interventions.
3. To guide these children away from high risk and socially deviant behaviors.
4. To provide opportunities for education & develop their potential & talent.
5. To enhance life-skills and reduce their vulnerabilities to exploitation.
6. To reintegrate these children into families, alternative care and community.
7. To carry out regular follow up to ensure that children do not return to vulnerable situations.
Program and activities
1. Identify such children within the geographical area/location of the Open Shelters.
2. Use innovative child friendly approaches and outreach activities to make contact with them.
3. Supplement services through Contact Locations that could be established on railway platforms, crowded market areas, tourist destinations, bus stands, etc.
4. Contact Locations can be established running the 24-hour Open Shelters.
5. Use techniques like music, drama, storytelling, outings and other child friendly methodologies to attract and sustain the interest of the children.
6. Once children start participating, Open Shelters should introduce age-appropriate education, access to vocational training, recreation, bridge education, linkages to the National Open School Program, health care, counseling, etc.
7. Cater to individual specific needs like substance abuse, behavioral problems and socially deviant behaviors among others.
8. Encourage involvement of social workers, community volunteers, peer educators, students and others. This will provide opportunity to people with skills and time to mentor, guide and improve the quality of life of these children.
Target group:
All Displaced Persons (DPs) from the affected area for construction of the road.
All Common Property Resources (CPR) village & Blocks from the affected area for construction of the road.
Livelihood of Displaced Persons family and their work
Support to Government on survey for construction of the road.
Support to Government for economical development for village & Blocks affected under construction of the road.

Objectives:
1. Educating the Displaced Persons on their rights to entitlements and obligations.
2. To ensure that the Displaced Persons are given the full entitlements due to them, according to the entitlements in the resettlement plan.
3. To provide support and information to Displaced Persons for income restoration.
4. Assist the Displaced Persons in relocation and rehabilitation, including counseling, and coordination with local authorities.
5. Assist the Displaced Persons in redressing their grievances (through the grievance redress committee set up by the subproject).
6. To assist the ADB-Project Implementation Unit and Project Implementation Unit (PIU) with social responsibilities of the subproject, such as compliance with labour laws, prohibition of child labour, and gender issues.
7. To conduct awareness program for HIV/AIDS, Human Trafficking etc…
8. To collect data and submit progress reports on a monthly and quarterly basis for CGFWD to monitor the progress of resettlement plan implementation.
Program and activities
2. Survey of Package of Road (16, 17, 18 & 19) on basis of DPR of CGPWD.
3. Identify Displaced Persons & Common Property Resources on all Package of Road (16, 17, 18 &19).
4. Preparing Micro plan for each Displaced Person as per their status, requirement, financial status as well as availability.
5. Open bank account for DPs.
9. Contact Sarpanch, Panch, Kotwar, Janpad Panchayat Members and others to understand about the project and prepare village level committee.
10. Forward complain to GRC.
11. Road safety campaigns, HIV awareness, enforcing labour standards for construction work.
12. Follow the instruction of Supervision Consultant.
13. Prepare Monthly & Quarterly Progress report to PIU (Project Implementation Unit)
Location: Bilaspur & Bhilai

Start Date: 01/09/2015
Estimated End Date: 30/08/2017

Swachh Bharat Abhiyan
Individual Household Latrines (IHHL)

Target group:
The Mission for the construction of Individual Household Latrines (IHHL) shall be available for all
1. Below Poverty Line (BPL) Households and
2. Above Poverty Line (APL) households restricted to SCs/STs
3. Small and marginal farmers, landless laborer with homestead, physically handicapped and women headed households.

Objectives:
➢ To eradicate the system of open defecation in India.
➢ To convert the insanitary toilets into pour flush toilets.
➢ To make people aware of healthy sanitation practices by bringing behavioural changes in people.
➢ Generation of awareness among citizens about sanitation and its linkages with public health
➢ To build eco-friendly environment.
➢ Hygienic life to our up-coming generation.
➢ Healthy Body results in Healthy mind which is directly proportional to Productivity of an individual. Swachh Bharat Mission will lead to Healthy India which in turn increases productivity of Indians. High productivity means High earning potential. In short we can say healthy body is directly proportional to earning potential.
➢ Clean India will attract more International tourists.
➢ Biodegradable wastes can be used as manures or fertilizers.
Activity:

- Aware & motivate people to construct toilet at home.
- Collect survey details of beneficiaries.
- Select location for construct toilet.
- Digging for construct of pit.
- Prepare RCC slab for pit cover.
- Prepare foundation for super structure.
- Prepare RCC slab for super structure.
- Install toilet PAN and Door.
- Paint the entire structure.
- Generate unique ID code for the beneficiaries.
- Upload the photo with the help of GPS & Unique code.
- Note down the longitude & latitude of the structure.
Target group:
Open Shelters in urban and semi-urban areas will cater to all children in need of care and protection particularly beggars, street and working children, rag pickers, small vendors, street performers, orphaned, deserted, trafficked and run-away children, children of migrant population and any other vulnerable group of children.

Objectives:
We provide permanent residential facilities for children but will complement the existing institutional care facilities. The objectives of these Open Shelters include:
1. To attract above-mentioned target group of children from their present vulnerable life situation to a safe environment.
2. To wean these children away from the vulnerable situations by sustained interventions.
3. To guide these children away from high risk and socially deviant behaviors.
4. To provide opportunities for education & develop their potential & talent.
5. To enhance life-skills and reduce their vulnerabilities to exploitation.
6. To reintegrate these children into families, alternative care and community.
7. To carry out regular follow up to ensure that they do not return to vulnerable situations.

Program and activities
1. Identify such children within the geographical area/location of the Open Shelters.
2. Use innovative child friendly approaches and outreach activities to make contact with them.
3. Supplement services through Contact Locations that could be established on railway platforms, crowded market areas, tourist destinations, bus stands, etc. running the 24-hour Open Shelters.
4. Use techniques like music, drama, storytelling, outings and other child friendly methodologies to attract and sustain the interest of the children.

Let do impressive for children that they can have better tomorrow.
Program and activities
5. Once children start participating, Open Shelters should introduce age-appropriate education, access to vocational training, recreation, bridge education, linkages to the National Open School Program, health care, counseling, etc.
6. Cater to individual specific needs like substance abuse, behavioral problems and socially deviant behaviors among others.
7. Encourage involvement of social workers, community volunteers, peer educators, students and others. This will provide opportunity to people with skills and time to mentor, guide and improve the quality of life of these children.
8. Function as 24-hour Crisis Management Centers to receive and provide necessary assistance to children. Provide accessibility to children of all age groups up to 18 years of age.
9. Provide quality toilets, lockers for children to keep their belongings, washing facilities, recreational facilities both indoor and outdoor, etc.
11. Maintain standards of care and children should be encouraged to participate in the activities of Open Shelters, Prepare Individual Care Plan for each child, and Maintain electronic data of each child.
Location:
Dal Bhat Kendra, Jail Road, In front of Dr. B. R. Ambedkar Govt. Hospital, Raipur

Target group:
1. Poor and needy patient and attendant at Dr. B. R. Ambedkar Govt. Hospital at Raipur.
2. Patients far from Raipur area who are not aware about the city and not having enough money to buy daily foods.
3. Those are not having time and money because of treatment in Hospital.

Objectives:
1. To help and provide foods for poor and needy patient and attendant at Dr. B. R. Ambedkar Govt. Hospital.
2. To make them tension free from hospital treatment as well as treatment pressurized anxiety.
3. To make them wary less for the food and advice to go through their treatment.

Program and activities
1. We provide free foods “Coupons” to those poor and needy patient and attainer at Dr. B. R. Ambedkar Govt. Hospital, Raipur.
2. We distribute separate “Coupons” for lunch & dinner. After produce the “Coupons” at Dal-Bhat Kendra they easily get food without pay Money.
3. We also provide time and share their problems and try to short out as we can.
Location:
Selected Old Age Home at Raipur, Durg, Korba & Bilaspur

Start Date:
01/10/2013

Estimate End Date:
30/06/2019

TRULY SAHARA YOJNA

What you do with Old age People,
Don’t forget one day
You will get older...

Parents never leave child
Whatever they do
How Come child can leave them
When parents gets Older...

Target group:
1. People live in old age home.
2. Old age sick people.
3. Aged people separated from family.
4. Aged people on road side and unprivileged.

Objectives:
1. To provide general foods to old age home.
2. To provide medicine to old age people.
3. To provide time and share memories with smile.
4. To provide clothes, blankets and extra thing as per their needs

Program and activities
1. We visit some old age home and get the database from them.
2. We prepare a list as per the requirement and what other support or service can be given.
3. We purchase and supply general goods as poha, chana, rajma, dal, besan, clothes, bed sheet, blankets etc...
4. We provide medicine as per doctor’s prescription, and provide general medicine as dettol, pain relief cream, acidity eno, cottons etc...
5. We take them to doctor for health issues and provide Help as well as supports. Also we spend time with them.
Location: Chirmiri, Dist. Koriya
Sub: Mushroom Cultivation
From: 12-18 Sep. 2015
Beneficiary: 56

Target group:
1. Women (age group of 16 year and above).
2. Un-employee Girls/Women
3. Illiterate Girls/Women
4. Housewives those want to work at home.

Location: Mungeli
Sub: Artificial Flower
From: 05-11 Dec. 2015
Beneficiary: 37

Objectives:
- a. To provide skills that give employ ability to women.
- b. To provide competencies and skills that enable women to self-employed/entrepreneurs.
- c. Intended to benefit women
- d. empower and instill confidence

Program and activities
- Select the beneficiaries after survey.
- Arrange a training session as per subject, selected by the beneficiaries and resource availability of the organization.
- Three our session in every day.
- Theoretical & practical session.
- Practice session.
- Home work.
- Follow up session.
- Linkage program for sustainability.

Location: Raipur
Sub: Cloth Fabrication
Beneficiary: 43

She Believe
She Could
So
She Did...
Location:
Camp organized at Ravi Shankar Shukla Nagar, Ghanta Chowk, Korba, & Janjgir Railway Station,

Start Date:
17/01/2016

Estimate End Date:
21/02/2016

Target group:
1. Children below 5 Year.
2. Missing Polio Vaccination due to travel.
3. Polio Vaccination information to those who do not have knowledge.

Objectives:
2. Help and find those children who are not yet taken Polio Vaccination.
3. Counseling Children & their parents.

Program and activities
1. Camp at Railway Station for missing Polio Vaccination due to travel.
3. This year we arrange this activity at Korba & Janjgir.
4. We had vaccinated total 273 children.

Spare the child
Give the Polio vaccine.
Target group:
People are age group of 12 years and above.

Objectives:
- Aware public about ICPS.
- Childline-1098,
- Child Right.
- The Protection of Children from Sexual Offences
- The Right of Children to Free and Compulsory Education
- Child Labour Prohibition and Regulation
- Prohibition of Child Marriage Act
- Right to Food Legislation and Children
- National Policy for Children, 1974

Program and activities
- Install a canopy.
- Attract people by announcing slogan.
- Describe people about child related policy, act & schemes.
- Provide IEC material.
- Motivate them to convey the message.
Target group:
Lost, beggars, working children, small vendors, Play performers, orphaned, deserted, trafficked and run-away children.

Objectives:
- Install Child Help Center at Funfair.
- Rescue children labour.
- Rescue children are forcefully performing.
- Hand over lost children to their guardian after identification & verification.

Program and activities
- Install a Child Help Center at Funfair.
- Find out child labour, abuse children, beggar child, lost child, performer children etc.
- Contact related department or organization for hand over the child.

Location:
Phitampur Fair, Janjir-Champa
HIV/AIDS Awareness Campaign

Location:
Bhipuri, Khaira, Sangwakapa, Jogipur & other villages of under ADB R&R project

Objectives:
To aware people who lives in rural areas about the HIV/AIDS and help to find nearby ART (Antiretroviral Therapy) center also aware about how to use condom & disposal and aware about family planning and gap carry in between 2 Children.

Program and activities:
- Select the area at village, where people are gathering.
- Hanging banner as related to subject.
- Start brief description about HIV/AIDS, Sexual Behavior, STI and Family Planning.
- Question and answer.
- Distribute IEC material.
- Counseling & consulting.
- Share & exchange idea.
- Feedback.
Objectives:
Aware people about road safety

Program and activities:
- Select the area at village, where people are gathering and continuously use road for crossing (Pedestrian Area).
- Hanging banner as related to subject.
- Start brief description about road safety, signal and caution.
- Question and answer.
- Distribute IEC material.
- Counseling & consulting.
- Share & exchange idea.
- Feedback.
NIPCCD
(National Institute of Public Corporation & Child Development)
This year also organizes workshop & Training program on various interesting subjects in which our employee took part and achieved knowledge other than their domain knowledge.

1. Mr. Ashwani Kumar Sahu (Out Reach Worker), attained the Training Program on “Orientation Training on Schemes /Programmes of Ministry of Women & Child Development for Functionaries of Voluntary Organizations”, at Western Regional Center, Indore. (Date: 08-10 June, 2015).

2. Mr. Shib Sankar Saha (President), Mr. Sumeet Rathore (Secretary) & Roshan Ara (System Admin), attained the Workshop on “Food Habits, Changing Lifestyle And Nutritional Needs of Adolescents”, at Indira Gandhi Krishi Vishwavidyalaya, Raipur (Date: 18-19 November, 2015).

3. Mr. Manish Kumar Lal (Project Coordinator & Counselor of Open Shelter Home, Korba) and Mr. Roshan Yadav (Counselor of Children Home, Jangir) attained the Training on “Orientation Training for the Superintendents, Welfare Officers of CCIs and Counselors of Open Shelters Home”, at Western Regional Center, Indore. (Date: 08-12 February, 2016)
# FINANCIAL AUDIT REPORT

## HELP & HELPS SAMITI

**INCOME & EXPENDITURE ACCOUNT**

**FOR THE PERIOD 01/06/2015 TO 31/08/2016**

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<th>Expenditure</th>
<th>Amount</th>
<th>Income</th>
<th>Amount</th>
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<td><strong>PROGRAMME EXP.</strong></td>
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<td>Membership fees</td>
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<td>Blanket Distribution Exp.</td>
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<td>Children Home, Jangir</td>
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<td>Critical Assist Venja Exp.</td>
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<td><strong>ADMINISTRATIVE EXP.</strong></td>
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<td>Bad Debts</td>
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<td>Excess of Income over Exp.</td>
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Total Expenditure: 7935646.27

Total Income: 7955948.27

For, HELP & HELPS SAMITI

President: [Signature]
Secretary: [Signature]
Treasurer: [Signature]

Place: Raipur
Date: 01/06/2016

For, AGRAWAL & DORA
Chartered Accountants

[Signature]

Help & Helps Samiti
President: [Signature]
Treasurer: [Signature]
MEDIA COVERAGE
We believe that good journalism, good television, can make our world a better place.
We are grateful to journalism for waking us up to the realities of the world.

**MEDIA COVERAGE**

If you don't tell
Your story,
Someone
Else will
Dr. B.P. Sinha

I feel, I am living my childhood again with all of these children. Best work by Help and Helps Samiti, making Open Shelter Home as real home for all children. Appreciated work by all staff becoming Father, Mother, Brother, Sister and friend for each child. Doing Yoga with them is my honor.

Sonam Agrawal

Teaching is my hobby, but teaching at Help and Helps Samiti, Open Shelter Home is my Passion. These children have so much ability and creativity but they never get a chance to come up. That's the reason teaching them is my passion here. Thanks to Help and Helps Samiti because finding these children and bring good things in their life is not so easy. Good work by all of you. God Bless you all.

TESTIMONY

Vandana Agrawal

Thumb Up to Help and Helps Samiti's family, You do great job. I am working with you guys as volunteer teacher that's my good faith of my last birth. Teaching these children and volunteer for other project with Help and Helps Samiti is uncountable memories... Love you all children...

Manisha Gopal

Me and My Husband love to share time in Children Home. We love these children and children at this age need a direction. We tried to give lots all time to them for teaching, singing, playing etc... We celebrate festivals with them. Help and Helps Samiti give their 100% to these children, Salute to Help and Helps Samiti and Their invaluable staff. Good Job All of......
As a President is great responsibility to focus each & every item of the organization. I thank to everyone for this journey and publish our Annual Report 2015-16. It’s an enormous year with lots of hard work, smart work and great achievement. Success gives us strength and with you we become stronger. I believe that our Annual Report can explain our voyage. Unity is strength so join with us and be a part of our journey to form better humankind.

SUMEET RATHORE

It’s my pleasure to be part of this organization and to be witness of its growing up. Thanks to everyone for their direct or indirect engage to achieve our purpose. Matureness gives confident, which you can observe in our way of express to this annual report. Our transparency, our vision, our mission help us to move on but support and believe will help us to reach our goal. Be with us …

HANISH VERMA

Thanks

Earlyest of all I would like to thanks to our all member, employee, volunteer & stakeholder for remarkable support and hard work to success of our all program. Without their zeal and dedication, we could not step ahead our organization objective. This year we forward from Raipur, Korba to Jangir and enlarge our family. One more year is completed, many objectives we achieve and more objectives we have to get. Once again thanks to everyone and I wise to ahead one more step.

SHIB SANKAR SAHA

Hearty welcome to everyone and feel great to publish our annual report. We cross one more milestone towards our objective. As a Treasurer I feel proud, when each and every penny of our organization helps “A BENEFICIARY”. Our financial transparency is our achievement. Keep with us and help us to create a healthier civilization.

SUNITU SENGUPTA
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